



**Patient Name:** \_\_\_\_\_

**Date of Injury:** \_\_\_\_\_

**Next Doctor Appointment:** \_\_\_\_\_

**Check the following which apply to your injury:**

- work related injury
- fall
- Other: \_\_\_\_\_
- motor vehicle accident
- athletic / recreational injury
- recurrence of previous injury
- cause unknown
- surgery

**Have you had any orthopedic surgeries?** NO \_\_\_\_ YES \_\_\_\_ If yes, list procedures and dates: \_\_\_\_\_

**Check any of the following medical conditions you have that may interfere with your treatment:**

- No known conditions that will affect treatment
- Osteoarthritis
- Cardiovascular Disease
- Allergies (please list) \_\_\_\_\_
- Other (please list) \_\_\_\_\_
- Diabetes Mellitus Type 1
- Diabetes Mellitus Type 2

**Are you currently taking medications, either prescribed or OTC?** NO \_\_\_\_ YES \_\_\_\_

If yes, please list: \_\_\_\_\_

**Other than your referring physician, have you been treated by any other medical professional for this injury?** NO \_\_\_\_ YES \_\_\_\_

If yes, circle one:    physical therapist    chiropractor    massage    other: \_\_\_\_\_

**Type of Pain (circle):**

Sharp    Dull    Ache    Tingling    Numbness

Other: \_\_\_\_\_

Please list any recreational activities/hobbies that you participate in and how often and for what duration you perform them: \_\_\_\_\_

Please list goals you would like to achieve during your course of treatment: \_\_\_\_\_

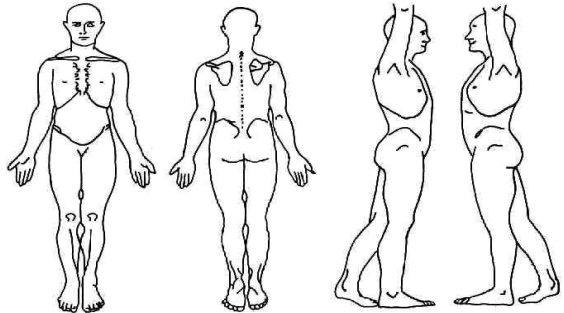
**Rate the intensity of the pain**

**At Worst:**    0 1 2 3 4 5 6 7 8 9 10

**Current:**    0 1 2 3 4 5 6 7 8 9 10

**At Best:**    0 1 2 3 4 5 6 7 8 9 10

**Please indicate location of symptoms**



\_\_\_\_\_  
Signature

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Date

**Which of the following represents the reason you chose SMTC? (Circle all that apply)**

- I have been a patient or exercise client here before
- A family member, friend or co-worker has been a patient or exercise client before
- My physician recommended SMTC      My school trainer recommended SMTC    School: \_\_\_\_\_
- Case manager      Attorney recommended SMTC      Workers' Compensation
- Online    What Site: \_\_\_\_\_      Drive by/Live Close By      Insurance Plan Website
- I have participated in dance activities at the SMTC studio or was attracted by the Dance Medicine Program
- I was a participant or spectator at an athletic event where SMTC was providing medical services
- Other: \_\_\_\_\_

## PATIENT INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_  
Street Address: \_\_\_\_\_ City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ SSN: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Home Phone: \_\_\_\_\_ Alternate/cell phone: \_\_\_\_\_  
Sex: Male Female Marital Status (circle one): Single Married Domestic Partnership Widowed  
Occupation or School: \_\_\_\_\_ Full-Time Part-Time  
Duty Level: Full Light Other \_\_\_\_\_ Out of Work Since: \_\_\_\_\_ Return to Work: \_\_\_\_\_  
Emergency Contact Name: \_\_\_\_\_  
Relationship to Patient: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
May we contact you via email with company updates, patient surveys and/or company newsletters?  
YES \_\_\_ NO \_\_\_ Email Address: \_\_\_\_\_

## INSURANCE AND GUARANTOR INFORMATION

Policy Holder: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ SSN: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Relationship to patient: (circle one) Self Spouse Parent/Guardian  
Secondary Insurance Policy Holder: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Relationship to patient: (circle one) Self Spouse Parent/Guardian  
Who should be billed for any balance due (after insurance)?: \_\_\_\_\_  
Is guarantor's address different than patient?: YES \_\_\_ NO \_\_\_ If yes, please provide below:  
\_\_\_\_\_

## LEGAL INFORMATION

Is this a Worker's Compensation case?: NO \_\_\_ YES \_\_\_ Company: \_\_\_\_\_  
Contact/Case Manager: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Employer: \_\_\_\_\_  
Employer Street Address: \_\_\_\_\_ City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Employer Phone Number: \_\_\_\_\_  
Is this a Litigation case?: NO \_\_\_ YES \_\_\_ Attorney's Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Attorney Phone Number: \_\_\_\_\_ Contact Person: \_\_\_\_\_  
Is this an auto accident?: NO \_\_\_ YES \_\_\_ Claim# \_\_\_\_\_  
Adjuster's Name: \_\_\_\_\_ Adjuster's Phone Number: \_\_\_\_\_

I know that weight training and cardiovascular exercise are potentially hazardous activities. I should not enter unless I am medically able and take into account any pre-existing medical conditions and in consultation with my physician. I assume any and all risks associated with this activity. I agree to comply with all SMTC policies and rules, including but not limited to all SMTC policies, guidelines, signage, and instructions.

Because SMTC is open for use by other individuals, I recognize that I am at higher risk of contracting COVID-19. SMTC has put in place preventative measures to reduce the spread of COVID-19; however, SMTC cannot guarantee that clients will not become infected with COVID-19. By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending SMTC, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I voluntarily agree to assume all of the foregoing risks and accept with full awareness and appreciation of the risks having read this waiver and knowing these facts, and in consideration of your providing services for me, I for myself and anyone entitled to act on my behalf, waive and release the Sports Medicine & Training Center, its employees and all other persons connected with this facility. They are not held liable or responsible for any injuries or illnesses which I may suffer while training or as a result thereof. In this connection, I hereby waive any claim for damages to my person or property. I grant full permission for use of photographs, videotape or motion pictures of me, and/or quotations from me in legitimate accounts and promotions of this facility.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Relationship to patient

\_\_\_\_\_  
Date